



**FIRCREST
BEHAVIORAL
HEALTH**

MONDAY @ 3PM

MEETING WEEKLY!

AUTISM/ ADHD SUPPORT GROUP: BUILDING FRIENDSHIPS

Our group is here to support youth as they transition through life in middle school. Participants will have opportunities to utilize their strengths, learn how to read social cues, practice interactions with others, and engage in a strength-based environment with limited to no masking. Our hope is to assist in coaching each group member in how to make friends in a variety of social environments, with a bonus goal of possibly making friendships within the group.

IMPORTANT INFO:

- ✓ Who: Middle Schoolers, ages 11-14
Navigating relationships with ADHD or Autism. (Diagnosed or undiagnosed)
- ✓ Where: Fircrest Behavioral Health
7700 NE Parkway Drive. Suite 130
Vancouver, WA 98662
- ✓ Cost: **FREE!**

REGISTER NOW

Contact Us

360-207-9218



Visit Our Website

www.fircrestbh.com

